

MARCH LUNCH MENU

LANCER
DINING SERVICES
menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.

Creamy Chicken Alfredo Penne Pasta 1
Romaine Salad & Italian Dressing
Baby Carrots
Dinner Roll
Fresh Melon

BBQ Beef Meatballs 2
Fresh Broccoli
Potato Wedges & Ketchup
Cornbread
Fresh Grapes

Teriyaki Chicken Slider 3
Chicken Egg Roll
Sweet & Sour Dip
Crunchy Cauliflower Florets
Pineapple Chunks

No School (Spring Break)

13
No School

Mini Turkey Corn Dogs 14
Vegetarian Baked Beans
Romaine Salad
French Dressing
Ketchup
Fresh Banana

Sweet & Sour Chicken Meatballs 15
Vegetable Brown Rice
Fresh Broccoli & Ranch Dressing
Celery Smiles
Fresh Melon

Roast Turkey & Gravy 16
Buttermilk Biscuit
Glazed Carrots
Fresh Sugar Snap Peas
Applesauce Cup

Italian Meatsauce over Penne Pasta 17
Romaine Salad
Ranch Dressing
Fresh Apple

French Toast & Syrup Turkey Sausage 20
Fresh Cucumbers
Chilled Peaches
Wango Mango Veggie Juice

Chicken Taco 21
Whole Grain Tortilla
Shredded Cheddar Cheese
Diced Tomatoes, Shredded Romaine
Taco Sauce
Fresh Banana

Mighty Meatball Foldit 22
Beef Meatballs in Marinara Sauce
Flatbread, Shredded Mozzarella Cheese
Tater Tots & Ketchup
Celery Smiles
Fresh Apple

Turkey Cheeseburger 23
Hamburger Bun
Shredded Lettuce
Vegetarian Baked Beans
Ketchup
Fresh Strawberries

BBQ Beef Riblet 24
Hot Dog Bun
Fresh Broccoli
Steamed Carrots
Mandarin Oranges

Beef Hot Dog on a Bun 27
Ketchup
Jicama Sticks & Ranch Dressing
Vegetarian Baked Beans
Fresh Grapes

Chicken & Gravy Creamy Mashed Potatoes 28
Zucchini Coins
Ranch Dressing
Fresh Banana
Giant Graham Cracker

Cheesy Breadstick Dippers Marinara Dipping Sauce 29
Spinach Green Salad
Baby Carrots
Italian Dressing
Chilled Mixed Fruit

BBQ Chicken Slider Mac & Cheese 30
Fresh Broccoli & Carrots
Ranch Dressing
Fresh Apple

Beef Nachos 31
Corn Tortilla Chips, Shredded Romaine
Cucumbers and Ranch Dressing
Salsa
Fresh Melon

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.