



Dear Parents and Students,

The new school year is just around the corner and North Lakes Academy is gearing up for the start of an exciting year of athletics. The 2016-2017 school year will have lots of change for our athletic teams. The most notable changes are a new conference for our athletic teams and transportation being provided for some contests.

At the end of the 2016 school year the Eastern Minnesota Athletic Conference merged with the Twin Cities Independent Schools Conference to form Twin Cities Athletic Conference, which is composed of 22 schools and is now the largest conference in the state of Minnesota. With the change our online activities calendar have an updated web addresses at www.twincitiesac.org. Please update your favorite or bookmarks to show this change.

The upcoming school year will also include transportation to a number of away contests. The criteria for bussing to contests during the upcoming school year is the following: 1) Any contest further than a 45 mile radius from North Lakes Academy will receive round trip bussing to and from the contest. 2) Any contest with a start time of 5:00 pm or earlier (Monday-Friday) will receive one-way transportation to the game. All though this does not provide return transportation to the school, it should help ease the burden of parents having to leave work early to get their child to a contest. Unfortunately adding transportation does come at a significant cost. To help offset this cost and increased costs in other areas, fees will increase for the upcoming seasons. Please see the chart on the backside of this page for further details. Further information on transportation and the new conference will be given at fall sports sign up night.

Fall Sports Sign Up Night will be on Monday August 8th from 5:00-6:45 pm at the North Lakes Academy Upper School. Sign-ups will be open from 5:00-6:00pm, with a general information meeting from 6:05-6:20pm in the Activity Center. From 6:20-6:45pm volleyball and soccer will have parent meetings for all levels. Please plan on attending these meetings for key information on the upcoming seasons. Cross Country will be setting up a parent meeting for an alternate date.

Official practices for fall Varsity sports begin on Monday, August 15th. All practice and game schedules can be found at www.twincitiesac.org.

This year we will be offering the following activities at the Varsity Level.

Fall Season
Boys Soccer
Girls Soccer
Volleyball*
Cross Country*

Winter Season
Boys Basketball*
Girls Basketball*

**Also offers Junior Varsity*

Spring Season
Baseball (7-12)*
Fastpitch Softball (7-12)*
Track and Field (7-12)
Trap Shooting (6-12)

SMALL SCHOOL • BIG EDUCATION



This year we will be offering the following activities for grades 6-8. Offerings are contingent on overall numbers of participation.

Fall Season

Volleyball
Co-Ed Soccer

Winter Season

Boys Basketball
Girls Basketball

Spring Season

Baseball and softball are
now 7-12 programs

To sign up for activities here at North Lakes, the following forms need to be completed. A clearance card to participate will be given upon completion of all forms and fees:

- *Minnesota State High School League Athletic Eligibility Brochure*
- *Sports Physical Examination (required once every 3 years)*
- *Emergency Contact Form*
- *Participation fee (see chart below)*

All forms will be available for pick up at the Middle School, Upper School, or online beginning Tuesday August 2nd. If you have any questions about activities, please contact Activities Director Jeff Beimert by email jbeimert@northlakesacademy.org or by phone 651-797-6265.

2016-2017 ACTIVITY FEE STRUCTURE					
FALL ACTIVITIES		WINTER ACTIVITIES		SPRING ACTIVITIES	
SPORT	FEE	SPORT	FEE	SPORT	FEE
Volleyball (C/JV/V)	\$190	Boys and Girls Basketball (JV/V)	\$250	Baseball (JV/V)	\$190
Boys and Girls Soccer (V)	\$190	Robotics (9-12)	\$165	Softball (JV/V)	\$190
Cross Country (V)	\$200	Boys and Girls Basketball (MS)	\$150	Track and Field (JV/V, 7-12)	\$190
Volleyball and Soccer (MS)	\$150			Trap Shooting	TBA
Debate (9-12)	\$150				

SMALL SCHOOL • BIG EDUCATION